



PACKING CHECKLIST FOR ELITE ACADEMY HELD AT UCONN

- A \$110 check made payable to “Ray Reid Soccer School” for your key deposit (per camper). This check will be returned to you when you return the room key at check-out. You also can purchase a lanyard at registration to help your player keep track of his room key. **Credit cards are not accepted at check-in.**
- If your camper requires medication during camp (either prescription or over-the-counter medication), bring the **Authorization to Administer Medication Form**, completed and signed by your camper’s doctor, along with any clearly labeled medications as described on the form.
- A size 5 soccer ball, preferably adidas. If you previously purchased a soccer ball during online registration it will be available at your Gampel Pavilion check-in. You also may purchase one upon arrival.
- Plenty of jerseys, shorts, t-shirts, soccer socks, and a laundry bag to stash them in once they’ve been worn.
- Cleats (we recommend that cleats be well broken in; new cleats can cause blisters) AND soccer flats. If you have a second pair of cleats, bring those as well, in the event that the field is wet.
- Linens for an extra long twin (college-size) bed, as well as blankets and a pillow.
- Bathroom items: i.e. soap, shampoo, toothbrush, deodorant, a towel, and sandals/flip-flops for the shower.
- A fan (air conditioning units are not allowed) for the dorm room (our dorms are *NOT* air conditioned).
- A bathing suit and towel. Each camper will have access to the swimming pool at certain times during their stay. Please encourage your player to take advantage of this refreshing break!
- An alarm clock – to be sure you are on time for your training sessions!
- Bug-spray and sunscreen with a very high SPF (remind your camper to put this on throughout the day).
- Athletic tape and wraps if you need them (a trainer can help you if you need assistance).
- You can purchase a Gatorade package for \$20.00 at check-in/registration which will include a water bottle and Gatorade refills before each of the three daily training sessions (morning, afternoon and evening.) The Gatorade refill station will be set up in the quad area 15 minutes before departure for each session. It will be your player’s responsibility to remember to bring the water bottle in time for refills. Please note only bottles purchased this year can be filled before each training session. You are welcome to bring a water bottle from home for free water refills available on every training field.
- Spending money for snacks, pizza, subs, drinks or soccer gear at the camp store. The average camper spends approximately \$50 - \$100 during each session. You can set up a camp bank account for your player at check-in so they do not carry cash. Money that is unspent will be refunded to you at check-out.
- A cell phone, if you would like. Keep in mind that cell phones need to be kept in dorm rooms and may not be brought out to training sessions. Campers are responsible for keeping their cell phone in their room and are responsible if they are lost, stolen, or damaged

Save
up to 20%



**Soccer
& rugby
imports**

Southport, Greenwich, Ridgefield,
Madison (CT) and Bronxville (NY) Stores
or at www.SoccerandRugby.com

Use Promo Code: RRSS19